

NO	PATTERN		5	2.5	0	TWIN-NEEDLE
1		R				
		M				
		L				
2		R				
		M				
		L				
3		R				
		M				
		L				
4		R				
		M				
		L				
19		R				
		M				
		L				
6		R				
		M				
		L				
7		R				
		M				
		L				
8		R				
		M				
		L				
9		R				
		M				
		L				
10		R				
		M				
		L				

NO	PATTERN		5	2.5	0	TWIN-NEEDLE
11		R				
		M				
		L				
12		R				
		M				
		L				
13		R				
		M				
		L				
14		R				
		M				
		L				
15		R				
		M				
		L				
16		R				
		M				
		L				
17		R				
		M				
		L				
18		R				
		M				
		L				
5		R				
		M				
		L				
20		R				
		M				
		L				



## Printing Instructions

This file is formatted to be printed in landscape on A4 paper.

Page 33 need not be printed.

1 sheet regular paper is required

Print pages 1 and 2 back to back

Fold page in the middle of the printed area, so that the plain side is out. Trim excess about 130mm from fold

Insert this page in front of the inside back cover